2 Hour Hands on Workshop

“Introduction to Taiko Japanese Drumming”

Saturday February 28, 2009
10 am - 12 pm

Taiko is a high-energy blend of martial arts choreography and synchronized drumming which dates back over 2,000 years. Taiko simply means "great drum" in Japanese and has taken on the meaning of the art form.

No previous music/drumming experience necessary

All ages welcome

Location: 11840 Cochiti SE, shop A (SW of Juan Tabo & Central)
Fee: $5 (Drums provided)
For info or to register: 📞 505-294-6993 or 🌐 Bushi@BKWoW.com
Look us up on the web: www.BKWoW.com

This workshop is great for a person interested in finding out more about taiko, how to get started in the art form or someone who just appreciates the art form.

The workshop will give an overview of basic taiko knowledge including taiko history, terminology, and basic drum info as well as introduce basic taiko stances, movement, kata and kihon. Students will also enjoy hands on experience with the drums. Taiko is great for creative expression, group cooperation, building self-esteem, cultural awareness, and improving physical fitness.

Instructor Biography

ANITA LEE GALLEGOS has studied Taiko for over 10 years and has her own Taiko dojo as well as her own taiko performing group. She teaches taiko class for kids, youth, and adult. In addition to her regular Taiko training, she has attended workshops & classes with San Jose Taiko, Sawagi Taiko, Koji Nakamura, Steven Tokunaga, Fushicho Taiko, Grand Master Seiichi Tanaka, and Kenny Endo. Currently, she receives ongoing, periodic instruction from world-renowned taiko player, Kenny Endo.

Ms. Gallegos has trained in martial arts for over 20 years and continues to do so. With her strong martial arts background she is able to teach stance, movement, kata and kihon that are at the core of Taiko training. She owns her own Karate school and has instructed students of all ages for many years.

Ms. Gallegos has ties to the Japanese community and was the Cultural VP for the New Mexico Japanese American Citizens League (NMJACL) for 4 years and was the Aki Matsuri (Japanese Fall Festival) Program Coordinator for several years. She is a lifetime member of the NMJACL and continues to support the Japanese community.

Space is limited call now 📞 505-294-6993